



FROZEN TREATS FOR EVERY TASTE

Each flavor is carefully crafted with the finest quality ingredients—such as Grade A milk, fruit and millions of beneficial Live & Active Cultures.

HOW'S YOGURT MADE?

Grade A dairy is combined with special yogurt cultures in a process that creates the perfect environment for Live & Active Cultures to blossom.

Once the yogurt’s ready, delicious flavors, sweeteners and other yummy ingredients are added to bring the yogurts and sorbets to life.

WHAT'S SO GREAT ABOUT LIVE & ACTIVE CULTURES?



Active yogurt cultures are living organisms that help turn milk into yogurt.



Yogurt boasts 100 million cultures per gram or 10X the requirement to bear the seal.



Live & Active Cultures help decrease the lactose content of yogurt, which may help lactose-intolerant people enjoy dairy products without feeling discomfort.

Kosher Certified



* Meets the National Yogurt Association Criteria for Live and Active Culture Frozen Yogurt

FROZEN YOGURT PRODUCT NUTRITIONAL FACTS

For nutritional, allergen & ingredient information, visit www.yogomogos.com

PRODUCTS CONTAINING NON-MILK ALLERGENS:

Item #	Description	Allergen
92136	Angel Food Cake	M,E,W ¹
80014	Birthday Cake	M,E
92088	Cake Batter	M,E,W ¹
80002	Cinnamon Roll	M,E
92163	Cookies n' Cream	M,E,S,W
92137	Creamy Mint Cookie	M,E,S,W
92081	Dulce de Leche	M,E
92118	Eggnog	M,E
92154	Fancy French Vanilla	M,E
80017	French Toast	M,E
92063	French Vanilla	M,E
80011	Fudge Brownie Batter	M,E
92145	Irish Mint	M,E
92142	Maple Bacon Donut	M,W
92404	Mint	M,E ²
92147	New York Cheesecake	M,E
92072	Peanut Butter	M,P
92146	Pecan Praline	M,TN (walnut) ⁴
92089	Red Velvet Cake	M,E,W ¹
80013	Salted Caramel Corn	M,E
92074	Sweet Coconut	M,S,TN (coconut) ⁵
80007	Toasted Marshmallow	M,E
92411	Toffee	M,S,TN (almond, walnut) ³
91010	Vanilla Custard	M,E
80009	White Chocolate Mousse	M,E
92087	White Vanilla	M,E

ALLERGEN NOTES:

ALLERGEN KEY: Milk (M), Egg (E), Peanut (P), Soy (S), Tree Nut (TN), Wheat (W)

Manufactured in a facility that processes peanuts, tree nuts, eggs, soy, milk and wheat.

1. Products packaged in cartons displaying ©2006 contain milk, egg and wheat. Products packaged in cartons displaying more recent copyright dates contain milk and egg.

2. NSA Mint packaged in cartons displaying ©2006 contains milk and egg. Cartons displaying more recent copyright dates contain milk only.

3. Toffee packaged in cartons displaying ©2006 contain milk, soy, and tree nuts (almond & walnut). Cartons displaying dates after ©2006 and before ©2012-2 contain milk and tree nuts (almond & walnut). Cartons displaying ©2012-2 or more recent copyright dates contain milk and tree nuts (almond).

4. Pecan Praline packaged in cartons displaying dates before ©2012-2 contains milk and tree nuts (walnut). Cartons displaying ©2012-2 or more recent copyright dates contain milk only.

5. Sweet Coconut packaged in cartons displaying dates before ©2013-2 contains milk, soy and coconut. Cartons displaying ©2013-2 or more recent copyright dates contain milk and coconut only.

Nutritional Facts		Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Allergens
All nutritional information is based on a ½ cup (83g) (4oz) serving. Percent Daily Values are based on a 2,000 calorie diet.																			

NONFAT FROZEN YOGURT	less than 0.5g of fat per 4oz serving																		
Alpine Vanilla 92115	83	100	0	0	0	0	0	5	75	22	0	18	0	3	0	0	10	0	M
Angel Food Cake 92136	83	110	0	0	0	0	0	0	30	25	0	19	0	1	0	0	4	0	M,E,W ¹
Apple Pie 92140	83	100	0	0	0	0	0	0	70	21	0	17	0	3	0	0	10	0	M
Barista Blend Coffee 80001	83	90	0	0	0	0	0	0	70	20	0	16	0	3	0	0	10	0	M
Blueberry Burst 92153	83	100	0	0	0	0	0	0	70	22	0	17	0	3	0	0	10	0	M
Cable Car Chocolate 92114	83	110	5	0	0	0	0	0	75	23	1	17	0	3	0	0	10	2	M
Cappuccino 92152	83	100	0	0	0	0	0	5	85	21	0	16	0	3	0	0	15	0	M
Carrot Cake 92139	83	100	0	0	0	0	0	0	75	22	0	17	0	3	20	0	10	0	M
Chocolate Classic 92124	83	110	5	0	0	0	0	5	80	24	0	20	0	3	0	0	10	6	M
Cookies n' Cream 92163	83	110	5	0	0	0	0	5	80	24	0	17	0	3	0	0	10	0	M,E,S,W
Cotton Candy 80016	83	90	0	0	0	0	0	0	65	20	0	17	0	3	0	0	10	0	M
Country Vanilla 92123	83	100	0	0	0	0	0	5	70	20	0	17	0	3	0	0	10	0	M
Creamy Mint Cookie 92137	83	110	5	0	0	0	0	5	85	24	0	17	0	3	0	0	10	0	M,E,S,W
Eggnog 92118	83	110	0	0	0	0	0	5	70	23	0	19	0	3	0	0	10	0	M,E
Fancy French Vanilla 92154	83	100	0	0	0	0	0	0	75	22	0	17	0	3	20	0	10	0	M,E
French Toast 80017	83	100	5	0	0	0	0	10	85	21	0	17	0	4	0	0	15	0	M,E
Georgia Peach 92125	83	90	0	0	0	0	0	0	60	20	0	17	0	3	0	8	10	0	M
Graham Cracker 80019	83	100	0	0	0	0	0	5	70	23	0	18	0	3	0	0	10	0	M
Hawaiian Pineapple 92134	83	100	0	0	0	0	0	0	65	21	0	17	0	3	0	4	10	0	M
Huckleberry 92143	83	100	0	0	0	0	0	0	70	22	0	17	0	3	0	0	10	0	M
Irish Mint 92145	83	100	5	0	0	0	0	10	65	22	0	18	0	3	0	0	10	0	M,E
Island Banana 92132	83	100	0	0	0	0	0	5	75	21	0	17	0	3	0	0	10	0	M
Luscious Lemon 92155	83	100	0	0	0	0	0	5	70	23	0	19	0	3	0	0	10	0	M
Maple Bacon Donut 92142	83	100	0	0	0	0	0	0	105	21	0	17	0	3	0	0	10	0	M,W
Mountain Blackberry 92130	83	100	0	0	0	0	0	0	60	22	0	18	0	3	0	0	10	0	M
New York Cheesecake 92147	83	100	5	0	0	0	0	10	75	21	0	17	0	4	0	0	10	0	M,E
Orchard Cherry 92141	83	110	0	0	0	0	0	0	60	24	0	20	0	3	0	0	10	0	M
Outrageous Orange 92133	83	100	0	0	0	0	0	5	70	22	0	18	0	3	0	0	10	0	M
Pecan Praline 92146	83	110	0	0	0	0	0	5	80	22	0	18	0	3	0	0	10	0	M,TN ⁴
Peppermint Stick 92111	83	100	0	0	0	0	0	5	70	20	0	17	0	3	0	0	10	0	M
Pistachio 92120	83	100	0	0	0	0	0	5	75	22	0	18	0	3	0	0	10	0	M
Plain 92157	83	90	0	0	0	0	0	5	80	19	0	16	0	3	0	0	10	0	M
Pumpkin 92119	83	110	0	0	0	0	0	5	80	23	0	18	0	3	2	2	10	0	M
Roother Float 92116	83	100	0	0	0	0	0	5	75	23	0	19	0	3	0	0	10	0	M
Snickerdoodle 92159	83	100	0	0	0	0	0	5	70	20	0	17	0	3	0	0	10	0	M
Toasted Marshmallow 80007	83	100	0	0	0	0	0	0	60	22	0	19	0	3	0	0	10	0	M,E
Very Raspberry 92129	83	100	0	0	0	0	0	5	65	22	0	18	0	3	0	0	10	0	M
Very Strawberry 92131	83	100	0	0	0	0	0	0	60	21	0	17	0	3	0	2	10	0	M
White Chocolate Mousse 80009	83	100	5	0	0	0	0	10	65	21	0	18	0	3	0	0	10	0	M,E

ORIGINAL TART™ FROZEN YOGURT	less than 0.5g of fat per 4oz serving																		
Original Tart™ 92162	83	90	0	0	0	0	0	0	65	20	0	15	0	3	0	0	10	0	M
Original Tart™ Pomegranate Raspberry 92172	83	100	0	0	0	0	0	0	60	22	0	17	0	3	0	0	10	0	M
Original Tart™ Tropical Tart 80010	83	100	0	0	0	0	0	0	60	21	0	16	0	3	0	4	10	0	M
Original Tart™ Wild Berry 92167	83	100	0	0	0	0	0	0	50	21	0	16	0	3	0	6	10	0	M

EUROTART™ NONFAT FROZEN YOGURT	less than 0.5g of fat per 4oz serving																		
EuroTart™ 92166	83	90	0	0	0	0	0	0	25	19	0	13	0	2	0	0	6	0	M

NONFAT GREEK FROZEN YOGURT	less than 0.5g of fat per 4oz serving																		
Greek Black Cherry 92188	83	100	0	0	0	0	0	0	75	19	0	14	0	7	0	2	15	0	M
Greek Lemon 92187	83	90	0	0	0	0	0	0	80	16	0	11	0	7	0	0	15	0	M
Greek Plain 92186	83	90	0	0	0	0	0	0	75	16	0	11	0	7	0	0	15	0	M

LOWFAT FROZEN YOGURT	3g of fat or less per 4oz serving																		
Birthday Cake 80014	83	100	5	0.5	0	0	0	10	75	20	0	16	0	4	0	0	15	0	M,E
Cake Batter 92088	83	120	20	2	1	0	0	25	70	21	0	17	0	3	0	0	10	0	M,E,W ¹
Chocolate Caramel Turtle 80015	83	130	15	2	1	0	10	105	25	0	19	0	3	0	0	10	0	M	
Cinnamon Roll 80002	83	120	20	2	1.5	0	20	80	22	0	17	0	3	0	0	10	0	M,E	
Dulce de Leche (Caramel) 92081	83	120	20	2	1.5	0	20	70	23	0	18	0	3	2	0	10	0	M,E	
Dutch Chocolate 92064	83	120	25	2.5	1.5	0	10	70	20	1	15	0	4	2	0	10	6	M	
French Vanilla 92063	83	110	25	2.5	1.5	0	25	70	19	0	15	0	4	0	0	10	0	M,E	
Fudge Brownie Batter 80011	83	120	5	0.5	0	0	10	65	24	0	19	0	3	0	0	8	4	M,E	
Milk Chocolate 92065	83	130	15	2	1	0	10	80	25	0	18	0	3	0	0	10	2	M	
Red Velvet Cake 92089	83	120	20	2	1.5	0	15	70	23	0	17	0	3	0	0	10	0	M,E,W ¹	
Salted Caramel Corn 80013	83	120	20	2	1	0	20	85	23	0	19	0	3	0	0	10	0	M,E	
Strawberry Shortcake 80021	83	110	15	2	1	0	20	70	21	0	17	0	3	2	2	10	0	M,E	
Sweet Coconut 92074	83	100	5	0.5	0	0	0	65	21	0	18	0	3	0	0	10	0	M,S,TN ⁵	
Toffee 92411	83	110	5	0.5	0	0	5	80	22	0	18	0	3	0	0	10	0	M,S,TN ³	
White Vanilla 92087	83	110	25	3	1.5	0	25	70	19	0	15	0	4	0	0	10	0	M,E	